**Banff 2020 Red Programme:**

**Charge** (*5 mins)*

Question: what do you get when you drop four top freeskiers and a world champion drone pilot at Chatter Creek, British Columbia, for a week and instruct them to charge as hard as they can, every day? Answer: unique footage of next level skiing from a world-class skiing area, with trees, chutes, steeps, flips and unlimited powder…

**Danny Day Care** (*4 mins)*

In his latest film Danny MacAskill takes on childcare the only way he knows how... by taking them for a wee bike ride around Scotland. Babysitting his friend’s daughter Daisy, the pair tackle stunts over Scotland’s iconic mountain biking terrain. And remember… don’t try this at home!

**Flip** (*3 mins)*

What drives us to step beyond the bounds of what we know, even when the stakes are so high they are possibly fatal? French Skydiver Remi Angeli faces his fears to explore new expressions of movement while BASE jumping in Mexico. On the other side of his fear he discovers life in its purest form.

**Home** (Tour Edit) (*46 mins)*

Oxfordshire adventurer Sarah Outen embarks on a four-year, human-powered traverse of the globe, travelling by bike, kayak and rowing boat across Europe, Asia, the Pacific Ocean, North America and finally the Atlantic. The punishing elements, ticking clock, months of solitude and storms push Sarah to the mental and physical brink, and *Home* intimately and unflinchingly captures her 20,000-mile odyssey.

**Up To Speed** *(20 mins)*

Until recently speed climbing was seen as an obscure sub-discipline of the sport, but with climbing’s inclusion in the 2020 Olympics, it’s about to be thrust on to the biggest athletic stage in the world. Self-proclaimed old-fashioned trad climber Zach Barr investigates this intriguing activity and meets the climbers who literally run up walls… with euphoric crowds cheering them on.

**The Imaginary Line** *(10 mins)*

During the longest government shutdown in American history, a team from Mexico and the USA assemble to establish a slackline that crosses the border between them. Risking grave consequences, they hope to spread a message about the importance coming together and using our passions to connect cultures. “We are people from different lands, but we are all one.”

**The Ladakh Project** (*14 mins)*

Join French athlete Nouria Newman as she embarks on a 375km solo kayaking expedition down the most remote and daunting rivers in the Indian Himalaya. With some hair-raising moments, Nouria is forced to push herself to the edge of her limits, saying “I felt really vulnerable. I had a proper look at what my guts were made of.”

**Thabang** (*13 mins)*

Thabang Madiba lives in the South African township of Ga-Rankuwa, without a mountain in sight… nor a physio, chiro or dietician. But through hard work, dedication and passion, he became the first black South African to represent the country in trail running, and has won the South African Trail Running Championships multiple times. A hero in his community, Thabang is hoping to inspire a new generation of youth through the sport of trail running.